




... Within the Reflective Prayer Space...

During Autumn (October/November), we hope to cultivate a sacred atmosphere within the Reflective Prayer Space—where art becomes a doorway to encounter God in prayer and contemplation.

 We warmly invite members of our church family to express their creativity through visual or tangible works. This initiative offers a twofold contemplative invitation:

- For creators, to engage in prayerful reflection as they craft their artwork.
- For visitors, to enter into stillness and reflect on the creative offerings displayed throughout the space.

Guidelines for Contributors

While we want to encourage freedom of expression, we kindly offer a few gentle guidelines to help shape your contribution:

1. **Mediums:** You're welcome to create using a variety of forms—paintings, drawings, sculpture, poetry, or other imaginative expressions of prayer and reflection.
2. **Display Logistics:** Due to building restrictions, we're unable to attach items to the walls using nails, pins, or Blu Tack. Instead, your artwork may be:
 - Propped safely on a table or shelf
 - Pinned to the green board (located within the space)

We're so grateful for every thoughtful offering—it's your creativity that will bring this contemplative vision to life.

 **Theme: Autumn – The Creation Season**

In the Anglican Calendar, Autumn is known as the *Creation Season*—a time when the natural world models for us the art of release.

As the light begins to fade, we witness the graceful decision of trees and plants to let go of their leaves. This is not surrender, but a deliberate shift: by relinquishing what once nourished them, they prepare to draw strength from the ground beneath. The sun no longer provides what they need, and so they turn inward, downward, toward the deeper source.

This seasonal surrender speaks gently to our own lives. Might there be things—once life-giving—that no longer serve us in the same way? In Christian tradition, this wisdom is called *detachment*: a holy letting go. To cling too tightly to what has outlived its season may hinder new life from emerging.

November brings both **Remembrance Sunday** and **All Souls' Day**, sacred moments when we remember loved ones who have died. The theme of holy letting go extends here as well—beyond the seasonal and into the soul. These days remind us that some of the most profound releases in life carry both gratitude and sadness. Perhaps the falling leaves echo our inner farewells: to people, places, roles, or chapters that have reached their natural close. Autumn invites us to honour these endings—not to erase what has passed, but to bless it, as we open to whatever lies beneath the surface of loss.

🍁 What truth might this cycle of release hold for you? 🍁 What do you sense is ready to fall away, making space for the sacred energy of the deep earth? 🍁 What invitation is Autumn extending to your spirit?

Additional Guidelines for Contributors

We hope this creative invitation nurtures a gentle and prayerful spirit. As you prepare your contribution, please keep the following in mind:

- 1. A Sacred Space for All**

This reflective area will be open to members of All Saints and the wider community. Some may enter with heavy hearts or deep longings—please consider this vulnerability as you create and share your work.

- 2. Optional Accompaniment**

If you feel moved, you're welcome to include a short reflection or prayer (up to 250 words) alongside your creation. These offerings can enrich the contemplative experience for those who enter the space.

- 3. Submission Deadline**

To ensure each piece can be thoughtfully displayed, we kindly ask that contributions be ready by **Friday 26th September 2025**.

If you have any questions or would like to talk through an idea, please feel free to speak with **Ann Marie or Jane**—they'd be delighted to support you.